



NAVIGATOR SHOPPING

GOOD DAY SUNSHINE

Pack the perfect holiday hat, shades and travel remedies for a stress-free break

Georgie Carss Oh So Kimono Hat, £500
 This London milliner's quirky take on headwear is perfect for the wedding season. Made from vintage kimono fabric, this hat is stylish enough for you to stand out from the crowd and small enough to fit into your luggage. Carss learnt her trade from the master – Stephen Jones – and designs elegant cocktail hats.
georgiecarss.com

Chloé Heloise sunglasses, £254
 The perfect summer shades, these oversized frames by Chloé are bang on trend. Just the thing for posing by the pool.
net-a-porter.com

H Gillerman Organics Travel Remedy, £38
 This uplifting blend of essential oils helps travellers adjust to changes in time zones and temperatures.
glawgetter.co.uk

Aveda Blue Oil, £9.30
 A tiny bottle of concentrate that helps relieve tension and stress.
aveda.co.uk

Tisserand De-Stress Roller Ball, £4.50
 Contains orange, rose and patchouli oils to calm frayed nerves.
tisserand.com



ON BOARD NOW
 This month's must-buy for women from *High Life Shop!*

Are you inspired by our choice of oils above? Then satisfy your olfactory desires by purchasing these Aromatherapy Associates Miniature Bath Oils, £20, available on board. The ideal size for when you're travelling, these nine different oils cater for various

moods. 'Relax' will help you wind down after a long flight, while 'Revive' will perk you up after too many late nights. Add a few drops to a warm bath or simply use in your daily shower. Available to buy on short-haul flights only or online at highlifesop.com.



Photography by Simon Vignall. Compiled by Angelina Villa-Clarke